



Ashley Harper-Oberle

Holy Empathetic Listening, Spiritual Examen

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While I believe that community is a central key to a healthy and happy spiritual life, learning about ourselves and our relationship to and with God (by whatever name they are known and comfortable to you) is integral to how we live, move, and have our being. Creating an intimate relationship with God can be uncomfortable at first, and requires work. Luckily, this is work that I love, and am called to do. Being a spiritual director is a privilege- it is akin to being a duala in childbirth. It is my sacred honor to be present with you, to lift you up, and hold you fast. I will be your constant companion on this holy journey. I will carry the light so that your path is always illuminated, even in the darkness. God is waiting if you are willing.

At this time, I am available only through Zoom on Mondays.