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I am a 2006 graduate of the FIND program and earned my doctorate in spiritual direction from the Houston Graduate School of Theology (2013). I am an adjunct professor at HGST, teaching spiritual direction and supervising practicum experiences for M.A./M.Div students. I am trained to facilitate the Ignatian 19th Annotation (retreat in daily life), in dream work, discernment process (especially vocational, call to ministry), and identifying and developing charismatic gifts of the Holy Spirit. My M.Div is from Concordia Seminary, St. Louis. I hold a certificate in Catholic Philosophy and Thomistic Studies from the New St. Thomas Institute and am a life professed friar in the Anglican Order of Preachers.