



Connie Bovier

Spiritual Direction with Dreamwork Emphasis

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After graduating from the FIND Program in 2006, I have gone on to serve in training other spiritual directors, leading contemplative retreats, authoring books, and developing my ministry of contemplative companionship for others on the pilgrimage into deep self and God. My 20-year practice of honoring dreams for their psycho-spiritual guidance has come increasingly to the fore in recent years. Today I accept new directees who are willing to bring the rich unconscious material emerging through their dreams, along with their conscious life concerns, into our spiritual direction sessions.