

## **Kathleen Phillips**

## **Empathetic, holy listening**

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Kathleen Phillips has been a spiritual director since 2000 and the director of FIND – School for Spiritual Direction and Formation since 2004. She is a cradle Episcopalian,

active at St. Andrew's-Bryan and a co-founder of Middleway Urban Monastery. Kathleen honed her ability to listen to the souls of others in her career as a journalist, first with a daily newspaper and ultimately as manager of a statewide news team for Texas A&M AgriLife, based in College Station, until retirement in 2017. She nourishes her own soul by sharing life with her husband, children, grandchildren, and pets, and with gardening, wildlife and nature at her country home.

Her practice is limited to Wednesdays and in person at Middleway Urban Monastery in Bryan, Tx.