

Kathy Reiter

Spiritual Companion

Contact information:

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Kathy has been a spiritual director since 2012, having trained at the Spiritual Direction Institute in Houston (a program offered by an order of Roman Catholic nuns). To spiritual direction, she brings her ecumenical background (she was an active Roman Catholic until marrying into the United Methodist Church). She serves as staff and faculty in the Episcopal FIND program for spiritual directors as well as her alumni, SDI. Kathy is certified as an Enneagram facilitator and uses this wisdom with those interested in the Enneagram as a tool for spiritual growth. After decades of parsonage-life herself, she feels drawn to offering a safe port for clergy and clergy's-family members to delve confidentially into their faith. In spiritual direction, Kathy feels privileged to accompany others as they take a long, loving look at their life. She supports directees as they pay attention to their life, as they long to sense how God is drawing them. She knows God is present in both the beautiful and the confounding days and lovingly companions directees through these stories. Appointments with Kathy can be in-person or via Zoom.