



## **Gloria M. Rose**

**Spiritual Director, Empathetic Listener, Teacher**

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Gloria is a graduate of FIND -School for Spiritual Direction and Formation of the Episcopal Diocese of Texas. She is on the faculty of the school, where she teaches classes on holy listening and cultural awareness.

She is an Episcopalian who has strong faith and willingness to walk with anyone in their spiritual journey. Gloria believes in the true meaning of spiritual direction which is a relational process to guide, listen and be a companion to anyone who desires a deeper relationship with God.

Gloria is a member of St. James' Episcopal Church, Houston whose mission is "to bring people to Christ and help them be Christ-like." According to Richard Foster "spiritual direction is an interpersonal relationship in which we learn how to grow, live, and love in the spiritual life."