

FIND School for Spiritual Direction and Formation

Faculty and Spiritual Director

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Education: BBA, Stephen F. Austin State University.

Profession: Assistant Director, Financial Aid, Southern Methodist University. Partner in Zoe-Life Explorations.

Church affiliation: United Methodist.

Experience with spiritual direction: Experience with spiritual direction: Been receiving spiritual direction since 1995 and providing individual spiritual direction since 2012; retreat leader, small group facilitator, certified with The Enneagram Spectrum of Personality Styles.

Spiritual direction training: Spiritual Direction Institute, Cenacle Retreat House, Houston, 2012.