

Spiritual Director



Heidi Campbell
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Create Kindness Initiative <http://createkindness.mystrikingly.com/>

Shepherding My Church <https://www.shepherdingmychurch.com/>

Heidi has 10 years of experience as a Spiritual Director and holds a PhD in Practical Theology & Ecclesiology from the University of Edinburgh (Scotland). Her expertise is in Centering Prayer, Lectio Divina, and Celtic Spirituality. She's able to offer guidance during times of life transition, vocational discernment, entering into soul friendship, and uncovering one's spiritual gifting. She also has insights into using digital media and technology in one's religious life practice and spiritual formation.

Heidi is available to guide centering prayer and silent retreats for groups or individuals. She is also able to lead workshops or offer teachings on the impact of technology of spirituality, doing faith practices with technology, trends in American Christianity and contemporary church life and reflection on the spirituality of Millennials & iGen/Z-Gen.

Appointments

She is available evenings or weekends for Spiritual Direction at her home.